PHYSICAL EDUCATION STUDENT CONTRACT

The Physical Education Department strives to inspire a lifelong commitment to physical activity through a variety of positive experiences in sports, games and dance. Every class will challenge students cognitively, affectively and physically, ultimately resulting in an enhancement of physical and social skills as well as character.

YOU MUST PASS EIGHT TERMS OF PHYSICAL EDUCATION TO RECEIVE A HIGH SCHOOL DIPLOMA. IN ADDITION, YOU MUST COMPLETE ONE TERM OF HEALTH EDUCATION.

RULES AND REGULATIONS

1. ATTIRE- All students must be attired in a Stuyvesant physical education uniform (T-shirt, shorts/sweatpants), sneakers and socks. No street clothes, tank tops, polo shirts, cut-off shorts, tights, stockings or panty hose are permitted. Students taking swimming require a bathing suit (females: one-piece), swim cap, goggles and towel. Jewelry must not be worn during PE class. IPODs or other personal music devices and/or electronic devices are not permitted in any PE class without prior permission from the teacher. *If a hardship prevents you from being able to purchase a PE uniform, please see your counselor, teacher or department supervisor.

2. ATTENDANCE/EFFORT/PARTICIPATION- A student’s grade is a reflection of effort and participation throughout the term. Students who are absent fail to participate, therefore attendance is mandatory. Effort, cooperation, helping others and citizenship are all considered. If a student is unable to participate in strenuous activity and has a doctor’s note and/or parent-guardian note, the student may be excused for the day after dressing for the class.

- Students are expected to arrive to class on time, in proper attire and put forth their best effort.
- In order to receive full credit for participation, you must attend class every day, as programmed. As this is a participation class, cutting, lateness and absenteeism are not acceptable. Failure to comply will result in grading penalties based on the grading policy.
- Unexplained absences will be considered cuts. Students are required to bring a note explaining each absence upon their return to school.
- Three or more unexcused absences, lateness’s and unprepared marks (or any combination of these totaling three) per marking period will result in the lowering of the student’s grade and lead to possible failure.
- Grades are cumulative and will be formulated based on:

  Participation, effort, preparedness, attendance, punctuality: 50%
  Cooperation and Citizenship: 25%
  Tests (written and performance assessments), homework, projects: 25%

TOTAL: 100%
3. **LOCKER ROOM** - In order to maintain order and security, students are required to purchase a lock. This lock/locker is not to be shared. Locks are to remain on locker at all times. When changing, keep lock on hasp of locker (do not place on bench as it can be accidentally switched). Keep combination in a secure place. Students should enter the locker room through the double doors. Doors will be locked at the late bell and no one will be admitted afterwards. The locker room may only be used during your PE class.

4. **SAFETY IN LOCKER ROOM AND GYMS**
   - Food, gum and beverage (other than water) are not permitted in any physical education facility.
   - Glass containers are not permitted in any physical education facility.
   - Students are not permitted in any gym or locker room without supervision.
   - Book bags and books are to be stored in the hall locker.
   - Changing in the hallway or staircase is strictly forbidden. Failure to comply will result in grading penalties and disciplinary action.

Please complete the bottom portion of this form and submit to your PE teacher immediately.

I HAVE READ AND UNDERSTAND THE RULES AND REGULATIONS GOVERNING ATTENDANCE, PARTICIPATION, LOCKER ROOM PROCEDURES AND BEHAVIOR IN CLASS.

Student’s Name (please print)_________________________________ Official Class_______
Student OSIS #________
Student’s Signature__________________________________________
Parent’s Signature___________________________________________
PE Teacher_________________________________________________
PE period________
Date_______________

**Does your child have any pre-existing medical condition that may prevent/limit them from regular participation?**  Yes_____ No_______

If yes, please describe. Medical documentation must be submitted.