



STUYVESANT HIGH SCHOOL'S SPARK PROGRAM



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“WHICH OF THESE INTELLIGENCES DO YOU HAVE?”

Based on Dr. Howard Gardner's Theory of Multiple Intelligences (Frames of Mind)

1. LINGUISTIC INTELLIGENCE

- **You enjoy** writing, reading, listening and speaking and you do them with ease.



- **You enjoy** memorizing information and building your vocabulary and you may be an excellent storyteller.

2. MUSICAL INTELLIGENCE

- **You can detect** rhythms, patterns and tempos in things that seem to have none at all – like chirping birds, crickets, and even some of the music your parents listen to.



- **You can “hear”** tone and pitch and you may be talented in playing one or more musical instruments either by ear or with instruction. You may appreciate many kinds of music.

3. LOGICAL – MATHEMATICAL INTELLIGENCE

- **You instinctively** put things in order and comprehend quantities – often in your head.



- **Numbers and math concepts** come easily to you and you love brainteasers, logic puzzles, games and computers etc.

4. VISUAL–SPATIAL INTELLIGENCE

- **You readily notice when** a building (painting or person) is not quite symmetrical.
- **If you're an athlete,** you can judge almost perfectly the angle needed to score a goal in hockey or a basket in basketball.



- **You can mentally** rotate complex forms, and you can draw whatever you see.
- **You're good at** taking things apart and putting them back together and you love games.

5. BODILY – KINESTHETIC INTELLIGENCE

- **You are good** at handling and manipulating objects and you move your body with grace and ease.
- **You enjoy** training your body to do its physical best and you may be a great mimic.
- **You may be talented at one or more crafts** – carving, sewing, weaving, making pots etc.

6. INTERPERSONAL INTELLIGENCE

- **You easily understand** other people, perceiving their moods and feelings.



- **You're a** natural leader and a skilled mediator; you can break up a fight between two of your friends and still remain on each person's good side.

7. INTRAPERSONAL INTELLIGENCE

- **You understand yourself** very well; you're profoundly aware of your feelings, dreams and ideas and you're true to your goals.
- People may say that **“you march to the beat of a different drummer.”** You enjoy journaling.

8. NATURALIST INTELLIGENCE

- **You feel** a deep connection to the natural world and its inhabitants – plants and animals.



- **You enjoy** experiencing and observing the out-of-doors and you may be a talented gardener and/or cook.

9. EXISTENTIAL INTELLIGENCE

- **You enjoy and have** a talent for grappling with **BIG QUESTIONS** – like the meaning of life and death, who we are, why we're here and why the world exist etc.

10. SPIRITUAL INTELLIGENCE

- **You are** sensitive to and have an interest in spiritual and religious matters.



You experience wonder and awe; you're aware of an **“otherness;”** you have faith.