



# STUYVESANT HIGH SCHOOL'S SPARK PROGRAM



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## THE DANGERS OF BATH SALTS

### 1. Some Terms To Know

1) **Cathinone(s):** this chemical is a naturally occurring stimulant present in the plant, Khat. Its effects and structure are similar to those of ephedrine and amphetamines **i.e.** loss of appetite, hallucination, insomnia, irritability panic attacks to name a few.

2) **Controlled Substance Schedule:**

- **Scheduled I:** Substances in this schedule have a high potential for abuse, have no currently accepted medical use in treatment in the United States, and there is a lack of accepted safety for use of the drug or other substance under medical supervision.
- **Partnership At DrugFree.org cited that on October 21, 2011,** the Drug Enforcement Agency published a final order in the Federal Register exercising its emergency scheduling authority to control three of the synthetic stimulants that are used to make bath salts. As a result of this order, these synthetic stimulants are designated as Schedule I Substances under the Controlled Substances Act.

3) **Designer Drugs:** refers to drugs created in a laboratory (illegal or secret labs, chemically man-made, underground etc.). These series of drugs are frequently more dangerous as ingredients in them are unknown and/or what it can do to you **i.e.** different effects on the brain and/or behavior.

4) **Synthetic Drugs:** In legal & professional medical usage, refers to a drug used when a patient has a resistance to an antibiotic. Thus, they are lab-created to produce the same or similar effects as an antibiotic.

In illegal and misuse terms, these are powerful illegal drugs that have not been tested for safety and users don't really know exactly what chemicals they are putting into their bodies. The side effects they occur may be permanent or fatal.

### 2. Bath Salts 101

#### Terms & Slangs

- **Bath Salts:** Arctic Blast, Bliss, Blizzard, Blue Silk, Charge Plus, Cloud 9, Drone, Energy-1, Ivory Snow, Ivory Wave, Lunar Wave, Meow-meow, Ocean Burst, Pure Ivory, Purple Wave, Red Dove, Snow Leopard, Stardust, Vanilla Sky, White Dove, White Knight & White Lightning

#### "About The Buzz"



- **There are two different types:**
  - **The first are** water-soluble beads that are meant to be added to your bath water for a better cleaning & better bathing experience.
  - **Bath Salts (informal slang term or "street name")** is a line of designer drugs often containing substituted cathinones sold as tablets, capsules or powder and purchased in places such as tobacco and convenience stores, gas stations and the internet. These drugs are stimulants that mimic amphetamines, cocaine, lysergic acid diethylamide or ecstasy.
- **Reasons For Experimentation:** People take drugs because they want to change something in their lives **i.e.** to fit in, to escape or relax, to relieve boredom, to seem grown up or just to experiment.
- **How is this drug taken?** Bath Salts can be swallowed, snorted, smoked or injected. Swallowing and snorting are the most common routes of administration. **Sources:** American Association of Poison Control Center & Drug Enforcement Administration

### 3. Effects & Health Risks



- There are different kinds of bath salts so depending on the chemicals in them reactions can vary. Symptoms mimic symptoms of cocaine, LSD, methamphetamine, and ecstasy use. Symptoms include nausea, rapid heart rate, increased blood pressure, chest pain, irritability, dizziness, nosebleeds, and delusions. Bath Salts have also been associated with impaired impulse control and violent behavior.
- **Short-term effects include** very severe paranoia that can sometimes cause users to harm themselves or others. Effects reported to Poison Control Centers include suicidal thoughts, agitation, combative/violent behavior, confusion, hallucinations/psychosis, increased heart rate, hypertension, chest pain, death or serious injury. The speed of onset is 15 minutes, while the length of the high from these drugs is 4-6 hours.
- **Long-term effects are** currently unknown at this time.

**"There's absolutely zero idea of what they're putting in these things. If you're a user and you're trying it, you're playing Russian roulette!"**

– **Jeffrey Scott, DEA Spokesman**

### 4. Resource Information

- **Above The Influence**  
[www.abovetheinfluence.com](http://www.abovetheinfluence.com)
- **Bath Salts' Drug Trend**  
[www.webmd.com](http://www.webmd.com)
- **Drug Enforcement Administration**  
[www.justice.gov/dea/](http://www.justice.gov/dea/)
- **Office of National Drug Control Policy**  
[www.whitehouse.gov](http://www.whitehouse.gov)
- **Partnership At DrugFree.org**  
[www.drugfree.org](http://www.drugfree.org)